

Returning to Oneness

seven keys for opening the chakras and awakening to our full potential

In this eight part series we will explore how limiting states of consciousness keep our chakras closed down, blocking the energy flows in the body and stifling our ability to function at our full potential. We will learn to use a set of unique keys to open the doorways between the chakra levels, awakening the movement of life force energy throughout the whole being. When used as a regular practice the seven keys become highly effective tools for clearing negativity, fear, anger and victimhood, fostering mental clarity, emotional balance, and the luminous presence within. The guide for our journey will be the handbook Returning to Oneness, The Seven Keys of Ascension by Leslie Temple-Thurston.

Classes, offered in the spirit of service, are by donation and will be held in San Francisco at a quiet Outer Richmond district location on eight consecutive **Wednesday evenings from 7-9pm beginning February 13 and ending April 3.** Classes are limited to seven students. Please reserve your space by calling 415-666- 3255, or by e-mail at: garysnote@bluebottle.com

Gary Battaglia is a spiritual teacher, mentor, and ordained minister with CoreLight, a spiritual organization founded by awakened teacher Leslie Temple-Thurston to assist others in their own awakening and to foster the awakening of the global heart. He facilitates workshops on self-discovery and spirituality and offers spiritual guidance/counseling sessions by phone, Skype, or in person. View complete bio at: embracingoneness.wordpress.com



*"The 'Keys' have been such a help in my life. What a wonderful gift. Thank you."
Lucy Fisher*

"Thank you for providing the Seven Keys journey for us. It was very powerful, meaningful, and instructive. I felt that you were very in tune with each of us and were able to wisely and gently contain and guide our thoughts, emotions, and questions." Amy Tirion, Founder, Delight for the Soul