

Returning to Oneness

seven keys for opening the chakras and awakening to our full potential

In this eight part series we will explore how limiting states of consciousness keep our chakras closed down, blocking the energy flows in the body and stifling our ability to function at our full potential. We will learn to use a set of unique keys to open the doorways between the chakra levels, awakening the movement of life force energy throughout the whole being. When used as a regular practice, the seven keys become highly effective tools for clearing negativity, fear, anger, and victimhood, fostering mental clarity, emotional balance, and the luminous presence within.

The guide for our journey will be the handbook Returning to Oneness, The Seven Keys of Ascension by Leslie Temple-Thurston.

Classes, offered in the spirit of service, are by donation and will be held in San Francisco at a quiet Outer Richmond district location on eight consecutive **Wednesday evenings from 7-9pm beginning February 29 and ending April 18.** Classes are limited to eight people. Please reserve your space by calling 415-666-3255, or by e-mail at garysnote@bluebottle.com



Gary Battaglia is a spiritual teacher, mentor, and ordained minister with CoreLight, a spiritual organization founded by awakened teacher Leslie Temple-Thurston to assist others in their own awakening and to foster the awakening of the global heart. He facilitates workshops on self-discovery and spirituality and offers spiritual guidance/counseling sessions by phone, Skype, or in person in San Francisco. View complete bio at: embracingoneness.wordpress.com blog

"Gary is a man of heart with great integrity and impeccability. He has moved me with his love for the Divine in ways that are profound and uplifting... It has been so special to have his guidance/support... I feel blessed to have him as a teacher and a friend." Charu Rachlis